

# Get Back In The Game Of Life!

## LOCATIONS

### Boardman/Main Office

Parkside Professional Center  
1011 Boardman-Canfield Road  
Youngstown, Ohio 44512  
Phone: 330-629-2888  
Toll Free: 888-784-4312  
Fax: 330-629-8940

### Howland Office

Hunter's Square  
8740 E. Market St.  
Suite 2  
Warren, Ohio 44484  
Phone: 330-647-6404  
Fax: 330-629-2966

**Background:** Platelet Rich Plasma (PRP) injections have been used since the late 1980s to help promote healing in dental, orthopedic and plastic surgery procedures. In the last five years, PRP has been recognized for its potential to treat both chronic and acute musculoskeletal injuries involving tendons, ligaments, and muscles.



**Athletes:** PRP has continued to attract nationwide attention and is gaining popularity and recognition from professional athletes who have had PRP injections after injury to enable them to return to competition as quickly as possible.

**Healing Process:** Healing after an injury involves a well coordinated and complex series of events. Proteins in the blood act as messengers to regulate the injury process. The platelets become activated and begin to gather at the injury site to release beneficial proteins called "growth factors." This is the beginning of the healing process.



**How PRP works:** It's a relatively simple and safe office procedure. Patients usually notice results in several weeks. Healing continues months after the injection. A small amount of blood is drawn from the patient's arm using a specially designed syringe. The blood drawn is placed in a machine called a centrifuge which spins the blood at high speeds for approximately 5 minutes. This process helps separate the blood into its different components including red blood cells, platelets and plasma. The middle layer of the blood contains the highly concentrated amounts of "growth factor rich" cells called platelets.



**Accelerated Natural Healing:** Once the blood is separated into its components, the patient's own platelets — the growth factor rich cells—are injected back into the injury site to stimulate and begin the healing process. The entire procedure is completed in less than 20 minutes.

PRP Appointment Desk: **1.888.784.4312**

***Let the Healing Begin...***

We Treat High School & Collegiate Sports Related Injuries with PRP.



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## Frequently Asked Questions

**How do I know if I'm a candidate for PRP?** Candidates for the treatment include individuals with new onset or chronic tendon, joint, or ligament pain as well as those who have sustained sports related injuries.

**In addition to sports related injuries, what types of medical conditions does PRP help treat?** PRP treats chronic issues including but not limited to: osteoarthritis, sprains, strains, and pain of the shoulder, hip, foot, ankle, elbow or knee.

**Will insurance cover the PRP procedure?** At this time, most insurances will not cover PRP treatments.

**How many injections can be expected?** The physician will determine how many injections as each patient's case is different. Typically, PRP is done in a series of three injections.

**Do you treat high school and collegiate sports related injuries?** Yes.

**Do I need a referral to see a physician for PRP?** We do not require a physician referral for PRP. Simply call the Doctors Pain Clinic's PRP Appointment Desk: 330.629.2888 or toll free 1.888.784.4312

**Are there any prior diagnostic tests that I will need to have or bring with me?** A recent X-ray or MRI will be helpful. The physician will order any tests if needed.

**What Are the Risks Associated with the Procedure?** PRP uses the patient's own blood, so there is little chance of allergy or immune reaction. Generally speaking, the procedure is safe. The most common side effect is temporary pain at the injection site along with some redness and swelling.

**Note:** *If you are on anti-inflammatory medications or blood thinners, you may be required to discontinue these medications for a short period of time.*



[www.doctorspainclinic.com](http://www.doctorspainclinic.com)

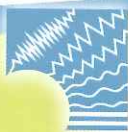
No Referral Needed for PRP  
Contact the Doctors Pain Clinic's PRP

APPOINTMENT DESK  
**1.888.784.4312**

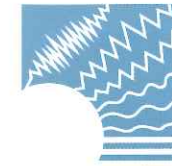


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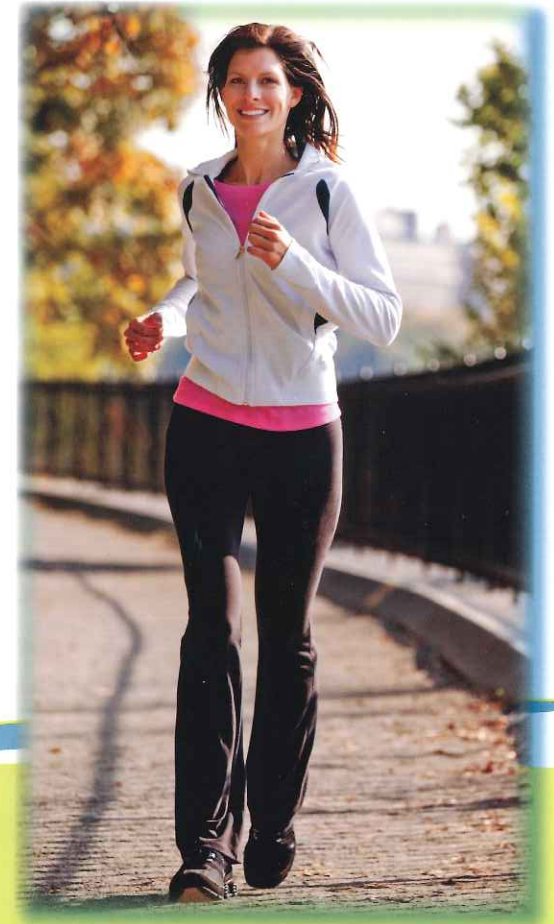
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## Platelet Rich Plasma PRP Injections

A Natural Accelerated  
**HEALING TREATMENT**  
for Chronic Pain/Sports Injuries



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